

OUR BIG KITCHEN'S SCHOOL PROGRAMS

At Our Big Kitchen our School Programs are designed to teach students about giving from a young age, and about those less fortunate. We believe in creating these meaningful opportunities for students, in a very practical way so that they can learn and understand the importance of giving back.

No matter the age we believe it is never too young to create a spirit of giving and selflessness that empowers our youth. Programs vary depending on requirements, student's age and learning outcomes. Cooking together breaks down barriers and creates enriching and fun experience for all students, as we connect over OBK's main ingredient....Love.



OBK'S SCHOOL PROGRAMS EMPOWERS STUDENTS TO:

- Connect and interact with peers in a meaningful way
- Make a tangible difference by giving back to the community together
- Engage in a wider community and connect to growing a community
- Learn about giving, sharing, respect, love, kindness and gratitude
- Understand others and grow compassion and kindness
- Learn new cooking skills, and have fun
- Demonstrates your school's commitment to social responsibility in a practical way

HOW SCHOOL PROGRAMS SUPPORT OBK:

By cooking with large numbers of volunteers, or even smaller groups we are able to make more meals and support people in need. Last year OBK made over 80 000 meals which got distributed to disadvantaged Australians. Without schools coming in and volunteering their time this amount of meals would not have been achieved.

Our belief is through giving we empower and connect people. We hope to build a larger community of givers and by more schools participating we hope to spread this giving belief. Running a large commercial kitchen and a charity does have costs. By having these school programs it contributes to OBK's running costs. These programs are how we hope to stay sustainable as a charity and continue to grow.

PROGRAM 1: STUDENTS OVER 15 YEARS OF AGE

Duration: 2 hrs long

The program includes:

- Talk about OBK, Giving, the people OBK supports, and relevant stories
- Cooking a hot meal
- Package meal with school logo
- Closing talk
- Photos permitted

Cost: \$30 + GST per student – minimum of 20 students

Optional Lunch for an extra \$5 per student

*this is tax deductible as OBK is a registered charity

Dress: Please wear closed shoes and long pants to comply with food safety rules.

TESTIMONIALS:



“The experience of Our Big Kitchen was very rewarding. I have learnt many things like how hard some people have it, and how important food is. The experience taught me how fortunate we are, and how necessary food preservation is. It was an experience that makes you incredibly thankful for what we have and proud of helping the community”

- Aurelia, age 14

“Our school took two separate groups of Year 5 and Year 6 children to Our Big Kitchen for a morning’s excursion. The children thoroughly enjoyed their time there and the staff were excellent at engaging them with the planned activities. There were lots of hands-on tasks for the children to participate in and they learnt valuable life skills doing so. They were thrilled to take the cookies that they had baked home too!” - Dee Pitcairn - Principal, Reddam House

PROGRAM 2: STUDENTS UNDER 15 YEARS OF AGE

Duration: 2 hrs long

The program includes:

- Talk about OBK, Giving, the people OBK supports, and relevant stories
- Making Cookies
- Making Bread rolls
- Craft
- Closing talk
- Photos permitted

Cost: \$30 + GST per student – minimum of 20 students

Optional Lunch for an extra \$5 per student

*this is tax deductible as OBK is a registered charity

Dress: Please wear closed shoes and long pants to comply with food safety rules.



TESTIMONIALS:

"I enjoyed helping people in need and I liked how dedicated the chefs were."

- **Max, age 10**

"Ascham has had the pleasure of working with the wonderful team at Our Big Kitchen for many years. This successful relationship is largely based on OBK's openness, support and belief in community. We have been fortunate enough to send hundreds of students to OBK for either regular community service afternoons, one-off events or interfaith mornings.

The students gain experience in preparing and cooking food, teamwork, kitchen hygiene, safety and event building. More importantly, they learn valuable skills in giving back to the community and embracing our community partner values with OBK".

- **Julie MacColl – Careers and Community Service Coordinator, Ascham School**

PROGRAM 3: OUTSIDE SCHOOL HOURS CARE (OOSH)

Duration: 2.5 hrs long

The program includes:

- Talk about OBK, Giving, the people OBK supports, and relevant stories
- Cookie making
- Bread shaping
- Lunch
- Plant pot & box decorating
- Cookie packaging
- Closing Talk and photo

Cost: \$35 per child or \$25 per sibling

*this is tax deductible as OBK is a registered charity

Dress: Please wear closed shoes, and long pants.

TESTIMONIALS:



"The experience of Our Big Kitchen was very rewarding. I have learnt many things like how hard some people have it, and how important food is. The experience taught me how fortunate we are, and how necessary food preservation is. It was an experience that makes you incredibly thankful for what we have and proud of helping the community"

- Aurelia, age 14

PROGRAM 4: BESPOKE SCHOOL PROGRAMS:

OBK can design programs to fit each school's learning outcomes and needs. This way we can develop meaningful collaborations where students can learn about different aspects of giving charity and community. Some of these programs include:



- **Family School Days:** children come with family members in association with their school to connect together. Examples are Father/ Daughter days; Mums/Sons days; Grandparents Days

- **Special programs to cook meals for school deliveries:** Some schools and organizations come and cook together to keep a supply of meals in their freezer. When a family within their community is going through a difficult time they put these meals in a care package to the family, this way they are able to support each other and foster a kind community.

- **Cultural Programs with Schools:** OBK has facilitated several interfaith and intercultural programs with several schools. By connecting over food and giving we break down barriers and connect.
- **Hospital and Nursing Home Deliveries:** OBK has facilitated many cookie drives, where students make, bake, pack and deliver cookies to hospitals and nursing homes. Some schools do this once a term.
- **Bake Sales:** Students come in and bake cake/ cookies and sell during recess the next day. The proceeds go to OBK
- **Special Curriculum Classes:** From math lessons (calculating recipes) to language classes (teachers instructing students in the language they are learning) OBK has supported this interactive style of teaching. Further examples include: Nutrition classes, and Kosher Classes.
- **Counter Disaster Programs:** Teaching how they can help in a crisis, what happens when there is a crisis. I.e. floods, bushfires etc.



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- **Partnerships with schools for charity outreach:** OBK has facilitated schools with an across the board approach to giving, and how they can integrate this into their curriculum for a very holistic approach to community engagement and giving.

TESTIMONIALS:

“Our Big Kitchen was lots of fun. Making food for the homeless made me realize how fortunate we are to have food any time we want. I got a lot out of the experience and I would definitely help Our Big Kitchen again.”

- **Shae, age 13**

“Mount Sinai has been involved in an interfaith program for 12 years.....all of this is facilitated expertly and caringly by the staff at Our Big Kitchen. Each year we are indebted to them and hope that this particular excursion will always be a feature in our interfaith dialogue and program. .. Our thanks are always extended to OBK for being so accommodating”

- **Phil Roberts – Principle, Mount Sinai College**